

# BATTLE & COMPETE CAMP

At CLIFF McNABB ARENA—NANAIMO, BC — July 7 and 8, 2018



## SCHEDULE:

### Group A: Atom & Pee Wee

July 7 - 1:30 pm – 2:30 pm Ice  
2:45 pm – 3:30 pm Seminar  
4:00 pm – 5:00 pm Ice

July 8 - 8:30 am – 9:30 am Ice  
9:45 am – 10:30 am Seminar  
11:00 am – 12:00 pm Ice

### Group B: Bantam & Midget

July 7 - 2:45 pm – 3:45 pm Ice  
4:00 pm – 4:45 pm Seminar  
5:15 pm – 6:15 pm Ice

July 8 - 9:45 am – 10:45 am Ice  
11:00 am – 11:45 am Seminar  
12:15 pm – 1:15 pm Ice

*Players sub grouped into age & skill level!*

### ON ICE CURRICULLUM

- ✓ Skating for Agility & quick feet - mirror drills / lateral movement / backward movement.
- ✓ Learn how to win the 1 on 1 battles both defensively and offensively.
- ✓ Learn how to protect the puck in open ice and along the boards.
- ✓ Learn how to get body positioning & angling to gain possession of loose pucks.
- ✓ Learn how to use your stick to keep the puck or regain possession. Learn how to check!

- ✓ Learn how to become a more **COMPETITIVE PLAYER!**
- ✓ Learn through drills, races and playing small games.

### CLASSROOM CURRICULLUM

- ✓ Video examples of competitive situations and tips on how to compete.
- ✓ Learn Mental Training techniques; including Goal setting & more.

**HEAD COACH OF CAMP:** Enio Sacilotto, 34 years of coaching experience. Coached Elite Men's pro levels in England, Italy, Denmark, Switzerland, Austrian (EBEL) and various National Teams. **Former Assistant Coach, Victoria Royals, WHL.** Currently coaching at the W Vancouver Hockey Academy & Croatian National Senior Men's team. Check website for credentials.

*Coach Enio will conduct the camp along with his highly qualified coaches who will assist him.*

- ✓ **7 to 1 PLAYER TO COACH RATIO** *Classes limited to 21 skaters and 3 Goalies.*  
**WE ARE A LEARNING & TEACHING CAMP, OUR GOAL IS TO MAKE YOU A BETTER PLAYER!**

**Cost: \$225. Extra Early Bird Special! Before February 18, 2018 GOALIES full camp fee: \$125. \$250. Before April 30, 2018 / \$275.00 after April 30, 2018** (call for multiple camps and group rates)

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**FIND OUT ABOUT OUR SPECIALIZED CAMPS, FREE RESOURCES &**  
**ENTER A FREE DRAW AND WIN A CAMP!**

**CONTACT COACH ENIO AT: E-mail: [cenio@coachenio.com](mailto:cenio@coachenio.com) CALL: 604 255 4747**