

DEFENSEMEN CAMP

At OAK BAY ARENA, VICTORIA, BC — July 3 and 4 , 2018



SCHEDULE:

Group A: Atom & Pee Wee

July 3 2:15 pm – 3:15 pm Ice
3:30 pm – 4:15 pm Seminar
4:30 am – 5:45 pm Ice

July 4 2:15 pm – 3:15 pm Ice
3:30 am – 4:15 pm Seminar
4:30 am – 5:30 pm Ice

Group B: Bantam & Midget

July 3 3:15 pm – 4:15 pm Ice
4:30 pm – 5:30 pm Seminar
6:00 pm – 7:15 pm Ice

July 4 3:15 pm – 4:15 pm Ice
4:30 am – 5:15 pm Seminar
5:30 pm – 6:30 pm Ice

ON ICE CURRICULUM

Defensemen Skating

- ✓ Advanced backward skating
- ✓ Pivots – forward to backward, backward to forward
- ✓ Agility and foot speed

Defensemen Puckhandling and Passing

- ✓ Backward and forward Puckhandling
- ✓ Puck Retrieval for breakout.
- ✓ 1st pass for break out

Defensemen Shooting

- ✓ Slap Shot
- ✓ Shooting from the point
- ✓ One timer Slap shots

Defensive Play for the Defensemen

- ✓ Defending the 1 on 1: a) in the corners and b) on the rush
- ✓ Front of net coverage

CLASSROOM CURICULLUM

- ✓ Game clips illustrating various defensemen skills
- ✓ Learn Mental Training techniques; including Goal setting & more.

HEAD COACH OF CAMP: Enio Sacilotto, 34 years of coaching experience. Coached Elite Men's pro levels in England, Italy, Denmark, Switzerland, Austrian (EBEL) and various National Teams. **Former Assistant Coach, Victoria Royals, WHL.** Currently coaching at the W Vancouver Hockey Academy & Croatian National Senior Men's team. Check website for credentials.

Coach Enio will conduct the camp along with his highly qualified coaches who will assist him.

- ✓ **7 to 1 PLAYER TO COACH RATIO** *Classes limited to 21 skaters and 3 Goalies.*
WE ARE A LEARNING & TEACHING CAMP, OUR GOAL IS TO MAKE YOU A BETTER PLAYER!

Cost: \$225. Extra Early Bird Special! Before February 18, 2018 GOALIES full camp fee: \$125. \$250. Before April 30, 2018 / \$275.00 after April 30, 2018 *(call for multiple camps and group rates)*

REGISTER ON LINE (CLICK HERE)! WE ACCEPT INTERACT, VISA, & M.C.

GO TO www.coachenio.com (click here)

FIND OUT ABOUT OUR SPECIALIZED CAMPS, FREE RESOURCES & ENTER A FREE DRAW AND WIN A CAMP!

CONTACT COACH ENIO AT: E-mail: cenio@coachenio.com CALL: 604 255 4747