

## DYNAMIC SKATING & PUCK SKILLS CAMP

At PLANET ICE—COQUITLAM—July 31 to August 3, 2017



### SCHEDULE:

#### **Group A: Atom & Pee Wee**

12:00 pm – 1:00 pm Ice (Rink #3)

1:15 pm – 2:00 pm Seminar / Off ice

2:30 pm – 3:30 pm Ice (Rink #3)

*Players sub grouped into age & skill level!*

### ON ICE CURICULLUM

- ✓ Balance & Edge Control
- ✓ Forward & Backward Stride
- ✓ Sharp Turns and Crossovers
- ✓ Hockey Stop & Backward Snow Plow
- ✓ Acceleration
- ✓ Agility and Quick Feet

### Puck Skills

- ✓ Accelerating with the puck
- ✓ Explosive Moves
- ✓ Beating a man 1 on 1
- ✓ Passing Skills
- ✓ Receiving Skills

### CLASSROOM CURICULLUM

- ✓ Review Hockey Skills covered on the ice.
- ✓ NHL clips
- ✓ Inspirational Stories
- ✓ Mental Training: Goal setting & Visualization

**HEAD COACH OF CAMP:** ENIO SACILOTTO, Director of Prospect Development and former Assistant Coach of the Victoria Royals of the Western Hockey League. There will be guest professional coaches during the week. You will learn innovative and unique skating and puck handling techniques which will bring you to the NEXT LEVEL!

✓ **7 to 1 PLAYER TO COACH RATIO**

**Classes limited to 21 skaters and 3 Goalies.**

**WE ARE A LEARNING & TEACHING CAMP, OUR GOAL IS TO MAKE YOU A BETTER PLAYER!**

**Cost: \$325.00 Before January 15, 2017**

**\$350.00 Before April 30, 2017 / \$375.00 after April 30, 2017** (call for multiple camps and group rates)

**Goalies welcome for \$100.00**

**[REGISTER ON LINE \(CLICK HERE\)!](#) WE ACCEPT INTERACT, VISA, & M.C.**

**GO TO [www.coachenio.com](http://www.coachenio.com) (click here)**

**FIND OUT ABOUT OUR SPECIALIZED CAMPS, FREE RESOURCES &  
ENTER A FREE DRAW AND WIN A CAMP!**

**CONTACT COACH ENIO AT: E-mail: [cenio@coachenio.com](mailto:cenio@coachenio.com) CALL: 604 255 4747**