

# BATTLE & COMPETE CAMP

At BURNABY WINTER CLUB—August 14 and 15, 2017 (NHL ICE)



## SCHEDULE:

### Group A: Atom & Pee Wee

12:30 pm – 1:30 pm Ice

1:45 pm – 2:30 pm Seminar

3:00 pm – 4:00 pm Ice

*Players sub grouped into age & skill level!*

### Group B: Bantam & Midget

1:45 pm – 2:45 pm Ice

3:00 pm – 3:45 pm Seminar

4:15 pm – 5:15 pm Ice

## ON ICE CURRICULLUM

- ✓ Skating for Agility & quick feet - mirror drills / lateral movement / backward movement.
- ✓ Learn how to win the 1 on 1 battles both defensively and offensively.
- ✓ Learn how to protect the puck in open ice and along the boards.
- ✓ Learn how to get body positioning & angling to gain possession of loose pucks.
- ✓ Learn how to use your stick to keep the puck or regain possession. Learn how to check!

- ✓ Learn how to become a more COMPETITIVE PLAYER!
- ✓ Learn through drills, races and playing small games.

## CLASSROOM CURICULLUM

- ✓ Video examples of competitive situations and tips on how to compete.
- ✓ Learn Mental Training techniques; including Goal setting & more.

**HEAD COACH OF CAMP:** Enio Sacilotto, 34 years of coaching experience. Coached Elite Men's pro levels in England, Italy, Denmark, Switzerland, Austrian (EBEL) and various National Teams. **Former Assistant Coach, currently Director of Prospect Development, Victoria Royals, WHL.** Check website for credentials.

*Coach Enio will conduct the camp along with his highly qualified coaches who will assist him.*

- ✓ **7 to 1 PLAYER TO COACH RATIO** *Classes limited to 21 skaters and 3 Goalies.*
- WE ARE A LEARNING & TEACHING CAMP, OUR GOAL IS TO MAKE YOU A BETTER PLAYER!**

**Cost: \$200. Extra Early Bird Christmas Special! Before January 15, 2017**

**\$225. Before April 30, 2017 / \$250.00 after April 30, 2017** (call for multiple camps and group rates)

**[REGISTER ON LINE \(CLICK HERE\)](#) WE ACCEPT INTERACT, VISA, & M.C.**

**GO TO [www.coachenio.com](http://www.coachenio.com) (click here)**

**FIND OUT ABOUT OUR SPECIALIZED CAMPS, FREE RESOURCES & ENTER A FREE DRAW AND WIN A CAMP!**

**CONTACT COACH ENIO AT: E-mail: [cenio@coachenio.com](mailto:cenio@coachenio.com) CALL: 604 255 4747**