

35TH ANNUAL - INTERNATIONAL HOCKEY CAMPS PRESENTS

# DEFENSEMEN CAMP

At PLANET ICE—NORTH DELTA, BC — July 30 & 31, 2018 (International Rink)



## SCHEDULE:

### Group A: Atom & Pee Wee

9:00 am – 10:00 am Ice

10:15 am – 11:00 am Seminar

11:30 am – 12:30 pm Ice

*Players sub grouped into age & skill level!*

### Group B: Bantam & Midget

10:15 am – 11:15 am Ice

11:30 am – 12:15 pm Seminar

12:45 pm – 1:45 pm Ice

## ON ICE CURRICULUM

### Defensemen Skating

- ✓ Advanced backward skating
- ✓ Pivots – forward to backward, backward to forward
- ✓ Agility and foot speed

### Defensemen Puckhandling and Passing

- ✓ Backward and forward Puckhandling
- ✓ Puck Retrieval for breakout.
- ✓ 1st pass for break out

### Defensemen Shooting

- ✓ Slap Shot
- ✓ Shooting from the point
- ✓ One timer Slap shots

### Defensive Play for the Defensemen

- ✓ Defending the 1 on 1: a) in the corners and b) on the rush
- ✓ Front of net coverage

## CLASSROOM CURICULLUM

- ✓ Game clips illustrating various defensemen skills
- ✓ Learn Mental Training techniques; including Goal setting & more.

**HEAD COACH OF CAMP:** Enio Sacilotto, 34 years of coaching experience. Coached Elite Men's pro levels in England, Italy, Denmark, Switzerland, Austrian (EBEL) and various National Teams. **Former Assistant Coach, Victoria Royals, WHL.** Currently coaching at the W Vancouver Hockey Academy & Croatian National Senior Men's team. Check website for credentials.

*Coach Enio will conduct the camp along with his highly qualified coaches who will assist him.*

- ✓ **7 to 1 PLAYER TO COACH RATIO** **Classes limited to 21 skaters and 3 Goalies.**
- WE ARE A LEARNING & TEACHING CAMP, OUR GOAL IS TO MAKE YOU A BETTER PLAYER!**

**Cost: \$225. Extra Early Bird Special! Before February 18, 2018** **GOALIES full camp fee: \$125.**  
**\$250. Before April 30, 2018 / \$275.00 after April 30, 2018** (call for multiple camps and group rates)

**[REGISTER ON LINE \(CLICK HERE\)!](#)** E ACCEPT INTERACT, VISA, & M.C.

GO TO **[www.coachenio.com](http://www.coachenio.com)** **(click here)**

**FIND OUT ABOUT OUR SPECIALIZED CAMPS, FREE RESOURCES &  
ENTER A FREE DRAW AND WIN A CAMP!**

**CONTACT COACH ENIO AT: E-mail: [cenio@coachenio.com](mailto:cenio@coachenio.com) CALL: 604 255 4747**