

DYNAMIC SKATING & PUCK SKILLS CAMP

At PLANET ICE—COQUITLAM—August 7 to 10, 2018



SCHEDULE:

Group A: Atom & Pee Wee

11:45 am – 12:45 pm Ice

1:00 pm – 1:45 pm Seminar / Off ice

2:15 pm – 3:15 pm Ice

Players sub grouped into age & skill level!

ON ICE CURRICULLUM

- ✓ Balance & Edge Control
- ✓ Forward & Backward Stride
- ✓ Sharp Turns and Crossovers
- ✓ Hockey Stop & Backward Snow Plow
- ✓ Acceleration
- ✓ Agility and Quick Feet

Puck Skills

- ✓ Accelerating with the puck
- ✓ Explosive Moves
- ✓ Beating a man 1 on 1
- ✓ Passing Skills
- ✓ Receiving Skills

CLASSROOM CURICULLUM

- ✓ Review Hockey Skills covered on the ice.
- ✓ NHL clips
- ✓ Inspirational Stories
- ✓ Mental Training: Goal setting & Visualization

HEAD COACH OF CAMP: **Enio Sacilotto**, 35 years of coaching experience. Coached Elite Men's pro levels in England, Italy, Denmark, Switzerland, Austrian (EBEL) and various National Teams. **Former Assistant Coach, Victoria Royals, WHL.** Currently coaching at the W Vancouver Hockey Academy & Croatian National Senior Men's team. Check website for credentials.

Coach Enio will conduct the camp along with his highly qualified coaches who will assist him.

- ✓ **7 to 1 PLAYER TO COACH RATIO** *Classes limited to 21 skaters and 3 Goalies.*

WE ARE A LEARNING & TEACHING CAMP, OUR GOAL IS TO MAKE YOU A BETTER PLAYER!

Cost: \$350.00 Before February 18, 2018 \$375.00 Before April 30, 2018 /

\$399.00 after April 30, 2018 (call for multiple camps and group rates) **GOALIES full camp fee: \$125.**

[REGISTER ON LINE \(CLICK HERE\)!](#) WE ACCEPT INTERACT, VISA, & M.C.

GO TO www.coachenio.com (click here)

**FIND OUT ABOUT OUR SPECIALIZED CAMPS, FREE RESOURCES &
ENTER A FREE DRAW AND WIN A CAMP!**

CONTACT COACH ENIO AT: E-mail: cenio@coachenio.com CALL: 604 255 4747