

34TH ANNUAL - INTERNATIONAL HOCKEY CAMPS PRESENTS

DEFENSEMEN CAMP

At PLANET ICE—NORTH DELTA, BC —August 8 & 9, 2017 (International Rink)



SCHEDULE:

Group A: Bantam & Midget

10:15 am – 11:15 am Ice

11:30 am – 12:15 pm Seminar

12:45 pm – 1:45 pm Ice

Players sub grouped into age & skill level!

ON ICE CURRICULUM

Defensemen Skating

- ✓ Advanced backward skating
- ✓ Pivots – forward to backward, backward to forward
- ✓ Agility and foot speed

Defensemen Puckhandling and Passing

- ✓ Backward and forward Puckhandling
- ✓ Puck Retrieval for breakout.
- ✓ 1st pass for break out

Defensemen Shooting

- ✓ Slap Shot
- ✓ Shooting from the point
- ✓ One timer Slap shots

Defensive Play for the Defensemen

- ✓ Defending the 1 on 1: a) in the corners and b) on the rush
- ✓ Front of net coverage

CLASSROOM CURICULLUM

- ✓ Game clips illustrating various defensemen skills
- ✓ Learn Mental Training techniques; including Goal setting & more.

HEAD COACH OF CAMP: Enio Sacilotto, 34 years of coaching experience. Coached Elite Men's pro levels in England, Italy, Denmark, Switzerland, Austrian (EBEL) and various National Teams. **Former Assistant Coach, currently Director of Prospect Development, Victoria Royals, WHL.** Check website for credentials.

Coach Enio will conduct the camp along with his highly qualified coaches who will assist him.

- ✓ **7 to 1 PLAYER TO COACH RATIO** *Classes limited to 21 skaters and 3 Goalies.*
WE ARE A LEARNING & TEACHING CAMP, OUR GOAL IS TO MAKE YOU A BETTER PLAYER!

Cost: \$200. Extra Early Bird Christmas Special! Before January 15, 2017

\$225. Before April 30, 2017 / \$250.00 after April 30, 2017 *(call for multiple camps and group rates)*

[REGISTER ON LINE \(CLICK HERE\)](#) WE ACCEPT INTERACT, VISA, & M.C.

GO TO www.coachenio.com (click here)

**FIND OUT ABOUT OUR SPECIALIZED CAMPS, FREE RESOURCES &
ENTER A FREE DRAW AND WIN A CAMP!**

CONTACT COACH ENIO AT: E-mail: cenio@coachenio.com CALL: 604 255 4747